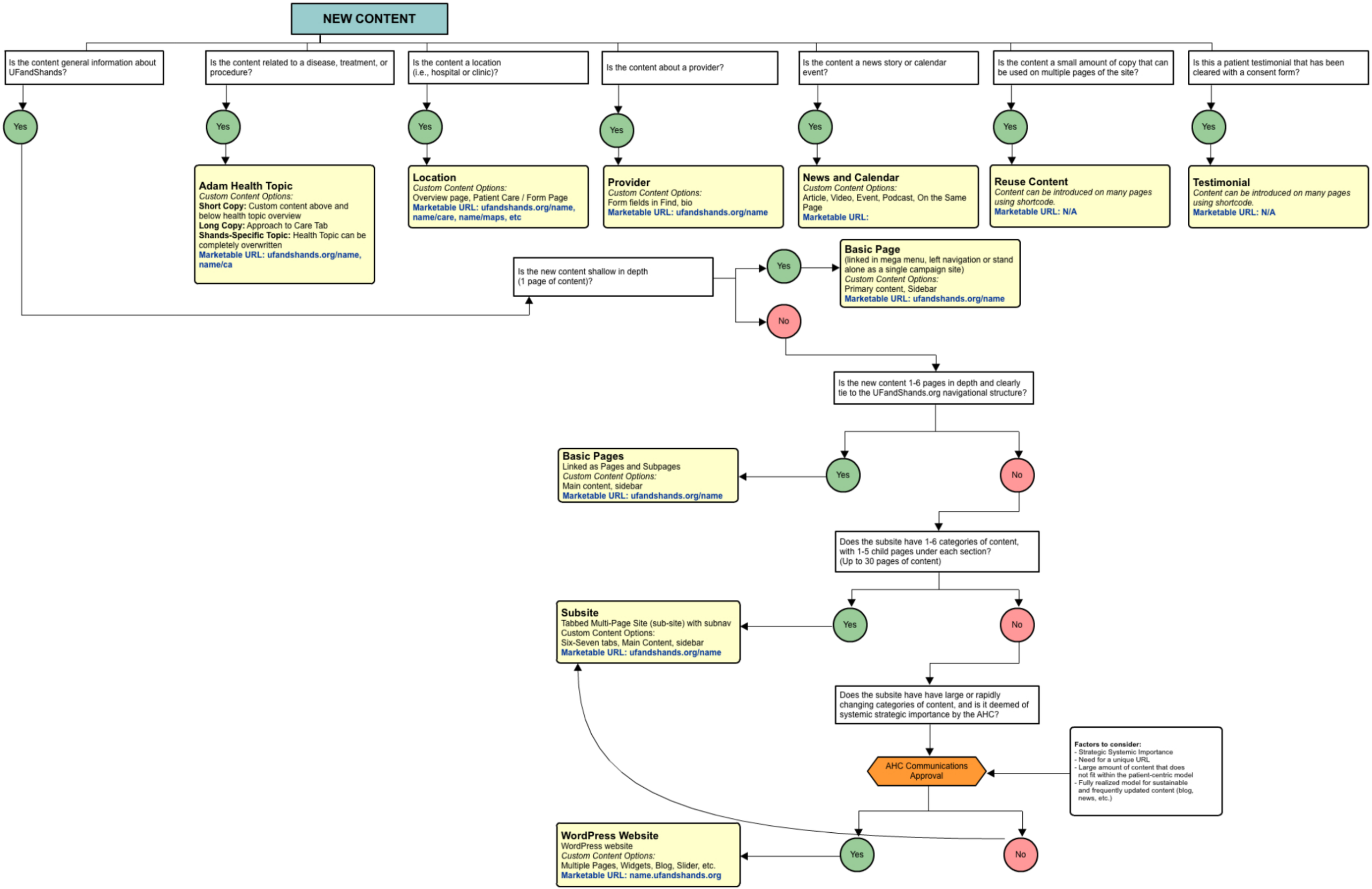Adding New Content to UFandShands.org